**Food Pantry Items for People Who Are Homelessness**

Please look for **shelf stable** food items that come with **pop top lids**, **peel back foil or plastic covers**, in **servings for 1 or 2** people. Personal care items are also appreciated.

**Food Items**

* Applesauce
* Beef Jerky
* Canned – tuna, chicken, ham
* Canned soups –ready to serve – no water needed
* Canned spaghetti & ravioli
* Crackers – smaller boxes or individual size bags
* Dehydrated soups in individual serving bowls – like noodle soups
* Fruit- canned or sturdy fresh fruit such as apples or oranges
* Individual bowls of dry cereal
* Instant oatmeal in individual serving bowls
* Juice – juice boxes, plastic bottles (12-24 ounce)
* Mac & Cheese in individual serving bowls
* Plastic bottles of Iced Tea - 12-24 ounce
* Plastic bottles of water – 12-24 ounce
* Shelf Stable Milk (Natrel, Parmalat, LaLa) in 6 packs (Plain or Chocolate)
* Soups and stews in individual serving bowls
* Vegetables

**Personal Care Items**

* Cleansing wipes – individual or small packages
* Combination Shampoo/Body Wash
* Deodorant
* Feminine Hygiene Products – small packages
* Plastic Silverware
* Razors & Shaving Cream
* Shampoo – smaller bottles
* Soap or Body wash – smaller bottles
* Socks
* Toothbrushes & Toothpaste
* Wash cloths